



Our Kosher ready meals are delivered "FROZEN-FROM-FRESH" in sealed disposable containers for reheating

SOUPS

£2.00

Chicken
Mushroom (P)
Mint Pea (P)
Butternut Squash (P)
Vegetable (P)
Tomato (P)
Parsnip & Ginger (P)

MAIN COURSES

includes 2 sides

(A) £6.80

Coconut Vegetable Curry (VP)
Spicy Spaghetti Napolitan (VP)
Roasted Vegetables &
Noodles (VP)

(B) £7.20

Whisky Beef Burgers
Spicy Meat Balls
Roast Chicken
Lemon Zaatar Chicken
Sweet and Sour Chicken
Chicken Curry

(C) £7.70

Schnitzel
Slow Cooked Meat in Wine
& Mushroom
Fried Fish (P)
Poached Salmon (P)
Teriyaki Salmon (P)

DESSERTS (All Parve)

£2.20

Apple Strudel (Sugar-free)
Fruit Crumble (Sugar free)
Chocolate & Pear Sponge
Lemon Drizzle
Apple Sponge
Sticky Toffee Pudding
Self-Saucing Chocolate Cake

We Require 3 Working Days' Notice for All Orders

Email: whitefoods@gmail.com **Tel:** 07879 658 653 **Web:** www.josephawhite.co.uk

(V) Vegetarian (P) Parev